



To whom it may concern:

Kyokan Connections is a private Occupational Therapy provider, specializing in Psychotherapy (or “Psychosocial Interventions”).

Please be advised that:

- The Health Professions Act (HPA) [Schedule 15, Section 3(d)] acknowledges the Profession of Occupational Therapy as a health profession that is authorized to provide restricted activities as specified by Alberta regulations, specifically, the restricted activity of “Psychosocial Interventions”.
- Under the Occupational Therapist Profession Regulation [Section 17(g)], Occupational Therapists are approved to perform the restricted activity described as “Psychosocial Interventions” with the “expectation of treating a substantial disorder of thought, mood, perception, orientation or memory that grossly impairs judgment, behaviour, capacity to recognize reality, or ability to meet the ordinary demands of life.”;
- The Family Supports for Children with Disabilities Policy and Procedures Manual [Section 9-4(1)] provides family supports which can include financial support for individual and family counselling [Section 3 of the FSCD Act]. It is specified in policy that counselling services funded by FSCD must be provided by a licensed or registered provider under the Health Professions Act and that this needs to be reflected in receipts which must include the provider’s license/registration number.

Based on these regulations which provide explicit permission for Occupational Therapists to provide “psychosocial interventions” and my clinical experience and specialized training [in SandPlay Therapy, Emotionally Focused (Individual, Couples & Family) Therapy, Solution Focused Therapy & Coaching, Cognitive Behaviour Therapy, etc.], children/families who access Psychosocial Occupational Therapy with me are eligible to have their expenses related to “counselling” reimbursed to the extent that is contractually agreed to in their FSCD agreement.

If you require further information or clarification, please do not hesitate to contact either:

- Judith Pinto, Occupational Therapist, Kyokan Connections, Edmonton, Alberta directly at (780)289-3871, or
- The Alberta College of Occupational Therapists at (780) 436-8381.

Sincerely,

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Judith Pinto, Occupational Therapist  
ACOT Reg. No: 1015

[www.OT4Wellness.com](http://www.OT4Wellness.com)